



# THE Breathe Easy COALITION

## MAINE TOBACCO-FREE COLLEGE NETWORK

Spring Newsletter

### 11 Schools Recognized Through Annual Gold Star Standards of Excellence



#### Maine Colleges and Universities Honored for their Tobacco Free Campuses

On March 15, the Maine Tobacco-Free College Network recognized eleven colleges and universities from across the state for their efforts to address tobacco use and exposure to secondhand smoke on their campuses.

Each winter, institutions of higher learning that meet at least six of the

### [JOIN US](#)

Join BEC in attending the regional meetings hosted by the Maine CDC that will be held across the state with staff from colleges/universities and community coalitions.

These two-hour meetings will be an opportunity to talk about the needs and resources regarding alcohol, tobacco, and other drug prevention on campuses and nearby communities to discover where we can collaborate in these efforts.

**March 31**

[University of Maine- Orono](#)  
2:00 - 4:00 pm

**April 8**

[University of Maine- Presque Isle](#)  
1:00 - 3:00 pm

**April 15**

[Thomas College](#)

ten evidence based standards for addressing tobacco are invited to apply for recognition. The eleven highlighted schools were honored with a plaque at the celebration event.

[Press Release](#)

[Pictures from the Recognition Event](#)

[WABI News Story](#)



## Community College Grant Opportunity

To help community colleges join the growing movement of adopting tobacco-free policies, Truth Initiative is opening two new rounds of grants to community colleges that do not currently have smoke-free policies in place to protect students, faculty and staff on their campuses.

**Community colleges can apply for a \$10,000 grant by submitting a proposal between March 1 and April 29.** Applicants who miss the initial deadline can apply for a \$7,500 grant by submitting an application before July 15. In addition to the financial support, awardees will receive technical assistance through webinars, learning communities, and one-on-one consultations facilitated by Truth Initiative.

[Grant Guidelines and Related Materials](#)

10:00am - 12 noon

**April 22**

University of Southern Maine

1:00 - 3:00 pm

[Please RSVP to the meetings you will attend](#)

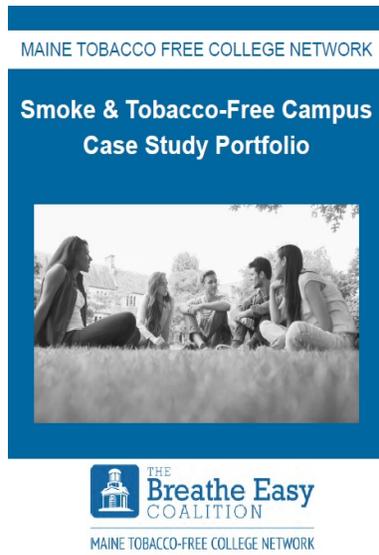
## [E-Cigarette Ban on Flights](#)



Although some individual airlines had already banned electronic cigarettes, the new rule, submitted to the Federal Register, applies to passengers on all U.S. and foreign airlines with flights within, into or out of the country.

[Read the Full Article](#)

[Infographic](#)



## Smoke & Tobacco Free Campus Case Studies

Various campuses throughout Maine were selected to feature in these case studies to highlight the wide level of strategies that exist to adopt and implement smoke and tobacco-free campus policies. Initial interviews were conducted in person by BEC staff between July and December 2015 at four schools- Colby College, Kennebec Valley Community College, Saint Joseph's College and The University of Maine. It is our intention to be able to expand the portfolio by highlighting additional colleges and universities across Maine in the future.

View the portfolio [online](#) or [contact Meg](#) to request hard copies.

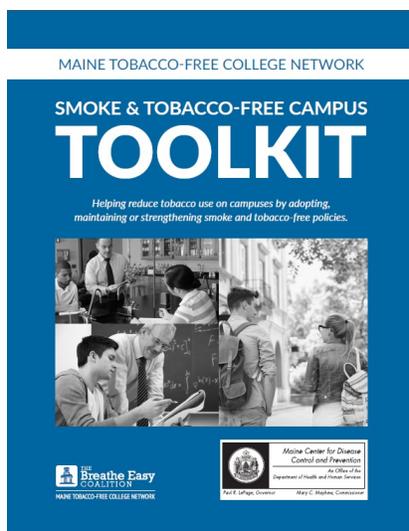


**"98% of adult smokers start before age 26, give them one less place to start"**

Click on the infographic for a larger view and for paper copies please [email BEC](#).

**#BreatheEasy4ME**





## Smoke and Tobacco-Free Campus Toolkit

The revised toolkit provides colleges and universities information to adopt, maintain or strengthen smoke and tobacco-free policies. Copies will be mailed to schools, if you do not receive one or would like to request additional copies please contact us. The toolkit and template documents will also be posted on our [website](#).

## Please Remember

MTFCN is here for you! We are here to provide technical assistance with development, adoption and ongoing support and maintenance of smoke and tobacco-free campus policies. We also have many educational resources on our website including factsheets on [electronic cigarettes](#), [secondhand smoke](#), [thirdhand smoke](#) and [more](#).

If you have any questions or would like more information, please do not hesitate to contact us. Also, if you have a success story and would like to share it in future editions of this newsletter, please send it to us.

Sincerely,

Maine Tobacco-Free College Network

Show your love of smoke-free environments and connect with us on Instagram with the hashtag #BreatheEasy4ME. To request stickers please [email BEC](#)



The Maine Tobacco-Free College Network (MTFCN) is dedicated to providing Maine Institutions of Higher Learning with the information and resources needed to make all institutions of higher learning smoke- and/or tobacco-free. MTFCN is a program of the Breathe Easy Coalition of Maine, which is able to provide free resources and technical assistance through a grant from the Partnership For A Tobacco-Free Maine, Maine CDC/DHHS.

## Connect with us!



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