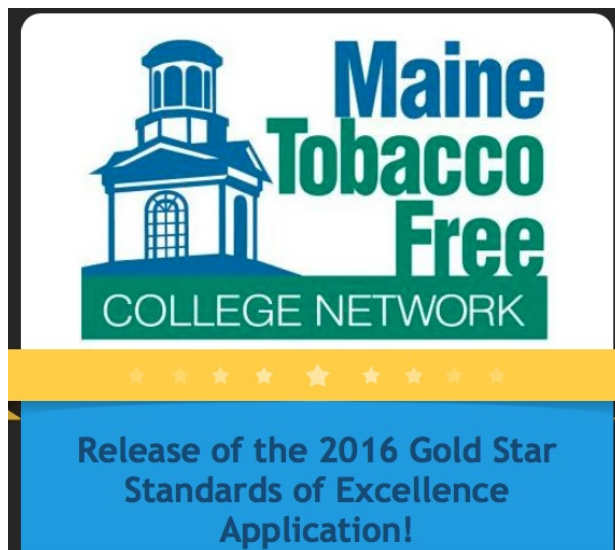




Winter Newsletter



Don't miss the opportunity for your college or university to be recognized in the 2016 Maine Tobacco-Free College Network Gold Star Standards of Excellence Awards Program. All Maine institutions of higher education are encouraged to apply including those that have been previously recognized for their efforts in creating tobacco-free environments and supporting tobacco-free lifestyles.

Colleges/Universities that have met at least 7 of the 10 Gold Star Standards will be recognized at an event at Bangor Savings Bank in Augusta on March 15.

[Online Application Form](#)

[Print / Fax Application Form](#)

New State Law

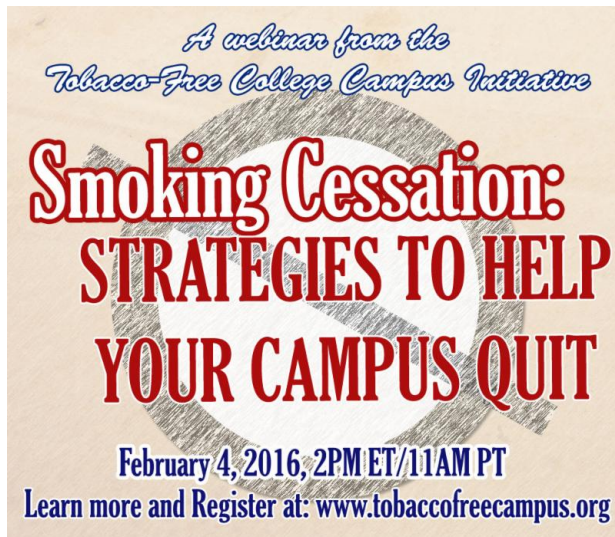
Effective Thursday, October 15, 2015, electronic smoking devices, such as e-cigarettes, are now prohibited in all indoor environments where combustible cigarettes were already banned. For more information on e-cigarettes view our [Breathe Easy Coalition factsheet](#).

Infographic

Important Recognition Program Dates:

Applications Due: February 18

Celebration Event: March 15



The Tobacco-Free College Campus Initiative

Free Webinar: **February 4 at 2:00 pm**

Looking for ways to help your campus quit tobacco? Then join us for the first installment of the 2016 TFCCI Webinar Series. We will explore how college campuses are addressing cessation across the country, as well as take an in-depth look at This is Quitting, a novel, multimedia cessation program for young adult smokers developed by the Schroeder Institute for Tobacco Research and Policy Studies at Truth Initiative. Esteemed speakers include Megan Jacobs of the Truth Initiative and Alex Bell, Student Health Services Coordinator at Allan Hancock College. This promises to be educational hour that leaves you with new ideas for tools to help your campus quit!

[Register Today!](#)

<http://tobaccofreecampus.org>



"98% of adult smokers start before age 26, give them one less place to start"

Click on the infographic for a larger view and for paper copies please [email BEC](#).

#BreatheEasy4ME



New Resources from MTFCN

Smoke and Tobacco-Free Campus Toolkit - Coming soon!

The revised toolkit provides colleges and universities information to adopt, maintain or strengthen smoke and tobacco-free policies. Copies will be mailed to schools, keep an eye on your mailbox! The toolkit and template documents will also be posted on our website. If you want to ensure you will receive a copy [email us](#).

Please Remember

MTFCN is here for you! We are here to provide technical assistance with development, adoption and ongoing support and maintenance of smoke and tobacco-free campus policies. We also have many educational resources on our website including factsheets on [electronic cigarettes](#), [secondhand smoke](#), [thirdhand smoke](#) and [more](#).

If you have any questions or would like more information, please do not hesitate to contact us. Also, if you have a success story and would like to share it in future editions of this newsletter, please send it to us.

Sincerely,

Maine Tobacco-Free College Network

Contact Us:

[Email Us](#) | mainetobaccofreecollegenetwork.org
(207) 874-8774



Show your love of smoke-free environments and connect with us on Instagram with the hashtag #BreatheEasy4ME. To request stickers please [email BEC](#)



The Maine Tobacco-Free College Network (MTFCN) is dedicated to providing Maine Institutions of Higher Learning with the information and resources needed to make all institutions of higher learning smoke- and/or tobacco-free. MTFCN is a program of the Breathe Easy Coalition of Maine, which is able to provide free resources and technical assistance through a grant from the Partnership For A Tobacco-Free Maine, Maine CDC/DHHS.

Connect with us!



[Join Our Mailing List!](#)

